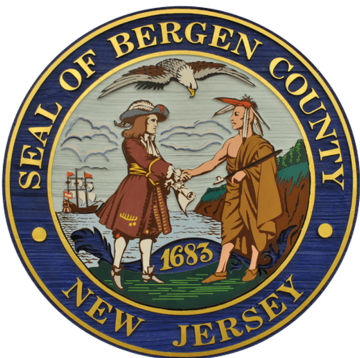


Bergen County Social Services Directory

*County, state, and local
nonprofit agencies providing
food, financial aid, childcare,
mental health, substance
abuse, and many other
resources for County residents*



Bergen County
**Food Security
Task Force**

Bergen County Food Security Task Force



bcfoodsecuritytaskforce@co.bergen.nj.us

<https://bergenfightshunger.org/>

The Food Security Task Force, a part of the Bergen County Human Service Department, is a group of government, nonprofit, and civic organizations. The members of our Board represent efforts across our communities who have joined forces to combat food insecurity in Bergen County.

Board Members

Bergen County Administration
Bergen County Commissioners
Bergen County Department of
Human Services
Bergen County Department of
Health
Bergen County Meals on Wheels
Bergen County Board of Social
Services
Bergen County Superintendent of
Schools
Bergenfield Food Pantry
Bergen Volunteers
Bergen Volunteer Medical
Initiative
Center for Food Action
Community Dinner Table,
Palisades Park
Community Food Bank of NJ
Dumont Food Pantry

Family Promise
Franciscan Community
Development Center, Fairview
Glen Rock Gurudwara
Greater Bergen, Community
Action, Hackensack
Iglesia Cristiana Casa del
Alfarero, Hackensack
Mount Olive Baptist Church
Helping Hands, Teaneck
Jewish Family Services
Meadowlands YMCA Family
Success Center, Little Ferry
Meals with a Mission, Garfield
Norwood Food Pantry
Russell Berrie Foundation
Table to Table
Triboro Pantry, Park Ridge

For more information, please visit our website:
<https://bergenfightshunger.org/>



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Alternatives to Domestic Violence

One Bergen County Plaza, 2nd Floor, Hackensack, NJ 07601

Contact: Marisa Heluk, M.Ed., Director · mheulk@co.bergen.nj.us

www.co.bergen.nj.us/divisions-of-alternatives-to-domestic-violence/alternatives-to-domestic-violence

24/7 Crisis Hotline: 201-336-7575

Alternatives to Domestic Violence is a domestic violence nonresidential intervention program that offers a comprehensive approach by providing services to individuals and families involved in an abusive relationship.

Programs and Services

- **Emergency services:** danger/lethality assessments, crisis intervention services, case management, food and clothing necessities, safety planning, and more
- **Temporary Housing Assistance**
- **Legal Services**
- **Counseling Services**
- **Children's Services:** youth counseling, childcare during support groups, and teen activity programs
- **Community Educational Services:** domestic violence workshops

Eligibility

- Everyone is eligible. All survivor services do not require a fee



Center for Hope and Safety



12 Overlook Ave, Rochelle Park, NJ 07662

Contact: 201-498-9247 • info@hopeandsafetynj.org

24-hour Hotline: 201-944-9600

www.hopeandsafetynj.org

The Center for Hope and Safety assists women and children who are victims of domestic violence, including economic, sexual, and physical abuse.

Programs and Services

- **Emergency Shelter Program:** safe and confidential housing 24/7
- **Emergency Legal Services for Victims of Domestic Violence:** assists survivors of domestic violence in family law matters
- **Transitional Housing:** low-cost housing for women (and their children) who are ready to move forward from the shelter, but would like to maintain contact with the shelter for support
- **Follow-up Program:** staff continues to offer counseling, case management, legal advocacy, and community referrals to former residents
- **Project CHILD:** strives to build Confidence, Hope, Independence, Love, and Direction for child victims and/or witnesses of domestic violence
- **Job Readiness Education**
- **Outreach, Multicultural Services:** bilingual counselors are available to provide advocacy and community referrals
- **Assistance to the Elderly and Disabled (AED) Program:** services for older adults (60+) and disabled victims



Women's Rights Information Center



WOMEN'S
RIGHTS
INFORMATION
CENTER

108 West Palisade Ave, Englewood, NJ 07631

Contact: 201-568-1166 • Support.WRIC@womensrights.org

<https://www.womensrights.org/>

The Women's Rights Information Center believes in helping women help themselves by providing a variety of informational, educational, and practical life-enhancing programs in a positive and supportive environment.

Programs and Services

- **Career Services:** Job search counseling, interview coaching, networking, employment assistance, and resume development
- **Career Closet:** Job seekers can receive donated outfits and accessories
- **Microsoft & QuickBooks Training & Certification**
- **ESL & Citizenship Classes**
- **Financial Literacy:** credit counseling, peer support, budgeting, and retirement planning; contact Imaurer@womensrights.org for more information
- **Information, Resources, Workshops, and Referrals**
- **Legal Consultations:** appointments with attorneys specializing in family law, contact sceballos@womensrights.org for more information
- **Shared Housing:** brings homeowners together with home seekers. Contact kayala@womensrights.org for more information
- **Victim Services:** support and advocacy for those affected by crime. Contact vacevedo@womensrights.org for more information





Bergen County Division of Disability Services

Bergen County Department of Human Services
One Bergen County Plaza, 2nd Floor, Hackensack, NJ 07601
Contact: Anika S. Davis, Ed.S., Director • 201-336-6500
disability@co.bergen.nj.us
www.co.bergen.nj.us/divisions-of-disability-services

The Division of Disability Services assists Bergen County residents with disabilities in achieving their full potential.

Programs and Services

- **Information & Assistance Service / Aging & Disability Resource Connection:** Call 201-336-6504
- **Post-Stroke & Disabled Adult Support Group**
- **Americans with Disabilities Act (ADA) Assistance**
- **Caregiver Education and Support Program:** provides in-home professional instruction and support to caregivers. For more information, call 201-336-6504
- **Meals on Wheels:** meals for adults, 59 and younger with severe permanent or temporary disability, who are housebound and incapable of their own meal preparation needs.
- **The Disability Resource Center and Clearinghouse**
- **The Personal Assistance Services Program:** provides up to 40 hours of personal assistance a week to qualifying adults that have a permanent physical disability. For more information call 201-336-6502 or 6508
- **Respite Care:** provides relief services for individuals who are caring for people with severe/chronic disorders. For more information, call 201-336-6511 ext. 6503/6506



Heightened Independence & Progress (HIP)



131 Main Street, Suite #120, Hackensack, New Jersey 07601
(Contact: 201-996-9100 • bergen@hipcil.org
<https://www.hipcil.org/>

HIP provides a wide range of services for people with disabilities in the areas of advocacy, information and referral, peer support, and independent living skills training.

Programs and Services

- **Information and Referrals:** provides direct information or functions as a clearing house, directing individuals to other appropriate resources
- **Individual and Systems Advocacy:** assists people with disabilities to understand their rights and responsibilities under various laws
- **Independent Living Skills Training:** sharing of information or support to enable individuals to function as independently as possible, in the community
- **Peer Support**
- **Transition:** helps with the transition from a school program to adult services
- **Modification Access Project (MAP):** provides partial funding to improve accessibility in the homes of Bergen County residents with disabilities



North Jersey Friendship House

North Jersey
FRIENDSHIP HOUSE
BUILDING SKILLS FOR PRODUCTIVE LIVES

125 Atlantic Street, Hackensack, NJ 07601

Contact: 201-488-2121 • info@njfriendshiphouse.org

<https://njfriendshiphouse.org>

North Jersey Friendship House builds the skills of individuals with varying abilities and developmental needs by providing comprehensive clinical treatment, vocational training, and work opportunities.

Programs and Services

- **Day Treatment**
- **Adults with Autism Day Program**
- **Supported Employment:** job coaches work with members for outside employment as well as individuals who are referred directly by the Department of Vocational Rehabilitation Services (DVRS)
- **Training Opportunities:** comprehensive, hands-on training in the following areas: Workshop, Food Services, Maintenance, and Computer Skills
- **ICON:** culinary training and job preparedness for adults with Autism and other special needs
- **Project SEARCH:** gives people living with disabilities the opportunity to learn valuable job skills in a real workplace setting



The Arc of Bergen & Passaic



223 Moore Street, Hackensack, NJ 07601
Contact: 201-343-0322 • arc@arcbp.com
<https://www.arcbp.com/>

The Arc of Bergen and Passaic is an organization of families, self advocates, professionals and community members dedicated to assisting individuals with developmental disabilities and their families.

Programs and Services

- **Adult Day Services:** programming from Monday-Friday
- **Special Needs Programs**
- **Camp Rainbow:** 6-week-long summer camp for children and adults with developmental disabilities
- **The CHILD Center:** provides a variety of services for children from birth to three years of age. Contact 201-644-0304 for more information
- **Our Time Classes:** focuses on separation, socialization, and language skills for children ages 20-36 months.
- **Family Support:** Information and Referral, Case Management, and more
- **Companion Program:** Matches trained staff and volunteers with individuals with disabilities
- **Stresspite:** provides families with respite services
- **After-School Program:** for children with Autism under the age of 21
- **Residential Programs:** Group Homes and Supervised Apartments, Supported Living Program, Independent Living Program
- **Vocational and Employment Services**



Bergen County Division of Family Guidance



One Bergen County Plaza, 2nd Floor, Hackensack, NJ 07601

Contact: Nicholas A. Montello, Ph.D., Director · 201-336-7350

fgintake@co.bergen.nj.us

<https://www.co.bergen.nj.us/divisions-of-family-guidance>

For 24/7 Immediate Help call 201-336-7360

The Bergen County Division of Family Guidance provides clinical, residential, educational, correctional, case management, and monitoring services to at-risk children, adolescents, and families.

Programs and Services

- **Juvenile Family Crisis Intervention Unit:** 24/7 program that addresses familial issues and situations involving endangered juveniles, runaways, and truants. For more information **call 201-336-7360**
- **Adolescent and Family Treatment:** outpatient therapy program for youths and families without insurance or access to services
- **Children's After-School Treatment Services**
- **Multi-Systemic Therapy:** a federal program that addresses the needs of juveniles with severe behavioral problems
- **Empower House:** program for young women ages 16-22 who may benefit from extra support from peers and role models. For more information call 201-336-6915
- **Bridges to Employment**
- **Connections:** GED preparation program
- **Reflections:** improvisational theatre group that explores adolescent issues
- **Youth Resource Center**
- **Bergen's Place Youth Shelter**
- **Visions:** a transitional residential program
- **Shelter-Plus Care:** rental assistance housing program for young adults who are ready to be on their own





Bergen County Office for Children

One Bergen County Plaza, 2nd Floor, Hackensack, NJ 07601

Contact: Julie O' Brien, Director · 201-366-7150

ofc@co.bergen.nj.us

www.co.bergen.nj.us/division-of-office-for-children/about-office-for-children

Childcare Helpline: 1-800-332-9227

The Bergen County Office for Children assists parents in choosing childcare, referrals to childcare providers, and childcare subsidies. The office also trains, registers, and monitors family childcare services.

Programs and Services

- **New Jersey Cares for Kids (NJCK):** subsidized childcare costs for low and moderate-income families.
- **Work First New Jersey:** participants are eligible for childcare subsidy assistance if they need childcare to work, look for work, or participate in an approved work or school activity. To determine eligibility, contact the Bergen County Board of Social Services at 201-368-4200
- **Family Engagement:** Development Screens, Parent Cafes, and Referrals
- **Shared Services for Providers**
- **Grow NJ Kids:** creates universal standards of quality for all early care and education programs throughout New Jersey

Eligibility

- For a child to qualify, they must be a US citizen or a qualified non-citizen residing with a parent or an individual acting as a parent.



Bergen Family Center



Bergen
Family
Center

44 Armory Street, Englewood, NJ 07631

Contact: 201-568-0817

www.bergenfamilycenter.org

Bergen Family Center provides services to individuals, families, and children to help strengthen their independence, manage challenges, and improve the quality of their lives.

Programs and Services

- **After School Program:** daily enrichment, homework assistance, snack, and child-care
- **Leonard Johnson Early Learning Center**
- **The ZONE:** Clinical and primary prevention services for ages 13-19
- **Middle School Program:** Mental health counseling, academic support, and enrichment
- **QuaranTEEN Kitchen:** provides teenagers with volunteer opportunities
- **Adult Day Program:** available to adults 60+ living in Bergen County
- **Care Management for the Homebound Elderly:** assists with a variety of senior programs and counseling
- **Caregiver Support:** meetings with other caregivers to learn coping strategies and to receive information to help their loved ones
- **Counseling Services:** specializes in victims of Sexual violence, families in court, HIV/AIDS, and interpersonal development/marital stress
- **Family Success Center:** helps families learn new skills and acquire resources and tools to make positive changes
- **Home Instruction for Parents and Pre-School Youngsters**
- **SESCIL - Southeast Senior Center for Independent Living:** provides physical, emotional, and social therapeutic programs and services. Other services include: reparative health care programs, educational & creative classes, support & discussion groups, and transportation to and from the center



Bergen HEARTS Family Homeless Services Center



40 Passaic Street, Hackensack, NJ 07601

Contact: 201-634-3060

<https://www.co.bergen.nj.us/hearts-homeless-family-services>

Bergen HEARTS assists Bergen County families, who are experiencing a homeless emergency, find and transition to a healthy, safe, and secure living environment while they build on their family's strengths and develop the skills to overcome their family's unique challenges.

Programs and Services

- **Coordinated Entry for All Homeless Families:** a single stop for any family in Bergen County experiencing homelessness or at risk of facing homelessness within two weeks where they can set up an interview with the HEARTS Coordinated Assessment Intake Specialist to review their needs
- **The Temporary Emergency Shelter:** serves any Bergen County family with children under the age of 18 who are presently street homeless or at risk of facing homelessness within two weeks – given the availability of HEARTS shelter beds
- **BRIDGE Housing for TANF-Only Families:** serves any Bergen County family with children under the age of 18 that are recipients of TANF. Families are provided temporary housing not to exceed one year under the conditions that the participating family agrees to and actively engages in the intensive case management services and Housing Permanency Plan with the HEARTS Case Management Team



Children's Aid and Family Services

200 Robin Road, Paramus, NJ 07652
Contact: 201-261-2800 • info@cafsnj.org
<https://cafsnj.org>



CHILDREN'S AID
AND FAMILY SERVICES

Children's Aid and Family Services provides high-quality, innovative services to children, adults, and their families that advance social, educational, and emotional development and well-being.

Programs and Services

- **Intellectual and Developmental Disabilities Services:** Adult Day Program, After School Respite, Community Residence, Intensive In-Home Services
- **Adoption and Foster Care Services:** NJ Adoption Resource Clearing House, Birth Parent Counseling and support group, Search & Reunion
- **Children and Family Services:** Mobility Mentoring, Baby Basics, Strengthening Families Program, EPIC Parents Workshops, Wise Families Program, and more
- **The Center for Drug and Alcohol Resources:** School Programs, Programs for Professionals, Older Adult Programs, Recovery Support Services
- **Children Awaiting Adoption:** provides training, support, and counseling services to adoptive children and their families. To learn more call 201-262-2800 or email recruitment@cafsnj.org



Family Promise of Bergen County



100 Dayton Street, Ridgewood, NJ 07450

Contact: 201-833-8009

www.bergenfamilypromise.org/

Family Promise of Bergen County aims to empower homeless working families to become self-sufficient by providing temporary housing and personalized support.

Programs and Services

- **Case Management:** Families can work with a Case Manager and receive personalized, emotional support and guidance
- **Financial Education Programming:** meet with a financial coach to discuss monetary goals, develop a savings plan, and repair credit
- **Personal Empowerment Workshops:** teaches life skills, self-care, and more
- **Job Training & Educational Advancement**
- **Transportation:** helps parents gain their driver's permit, provides behind-the-wheel training, and provides bus passes or gift cards for ride-share services
- **Childcare:** assists parents with the cost of childcare
- **Food:** provides families with grocery store gift cards
- **Walk-In Dinner Program:** provides prepared meals every day at the Bergen County Housing, Health, and Human Services Center in Hackensack. Contact mheller@bergenfamily · 201-833-8009 for more information

Shelter Programs

- **The Family Promise Bridge Network:** provides homeless working families with children overnight shelter at local congregations. This includes meals and contact with case managers.
- **The New Leaf/New Life Program:** provides subsidized apartments to families through Family Promise.
- **The Home to Stay Program:** for families who are leaving the sheltering programs. They are given continued case management, volunteer support, and limited financial assistance for a period of one year as needed.



Jewish Family and Children's Services



JFCS

JEWISH FAMILY & CHILDREN'S SERVICES
OF NORTHERN NEW JERSEY

1485 Teaneck Road, Teaneck, NJ 07666

Contact: 201-837-9090 • info@jfcnnj.org

www.jfcsnnj.org

The Jewish Family and Children's Services (JFCS) provides professional social services to assist families, children, and seniors of the community.

Programs and Services

- **Mental Health Services:** counseling, therapy, tailored services for children and adolescents
- **Information and Referral Services:** provides referrals to JFCS services and other community resources
- **Club Ed-Afterschool Programs:** provided at Cliffside Park, North Bergen, Fairview, and Fort Lee public schools
- **Support Groups:** Bereavement for Widows/Widowers, Second Generation Holocaust Survivors, Coping with Aging Parents, Wolff Caregiver - (for caregivers of people with dementia/Alzheimer's), Israeli Women's group
- **Basic Needs Assistance:** caseworkers assist clients in assessing their situations and creating action plans that meet their immediate critical needs, with long-term stabilization as the goal
- **The Re-Launch Career Services:** assist the unemployed and underemployed in navigating the job market, working on interview skills, and creating an action plan for their job search
- **Field Education:** provides interns with quality supervision by experienced professionals and a comprehensive training curriculum to help develop a social work career
- **Corner Market at JFCS - Food Pantry**
- **Older Adult Services:** Case Management, Friendly Visitors, Telephone Reassurance, and more
- **Kosher Meals on Wheels**



Center For Food Action



Contact: 201-569-1804 · inquiry@cfanj.org

<https://www.cfanj.org/>

The Center for Food Action (CFA) is a non-profit organization that provides emergency services to Northern New Jersey's poorest and most vulnerable residents, CFA provides food, housing, utility, and heat assistance and offers counseling and advocacy services to low-income individuals and families.

Programs and Services

- **Emergency Food Program:** schedule a drive-through food appointment here
 - <https://mailchi.mp/a81ca821e55b/make-a-cfa-appointment>
- **Counseling and Advocacy:** provides information, referrals, counseling, and advocacy to clients by phone and helps them access government and community services
- **Homeless Prevention Program:** helps clients with back rent, first month's rent, and security deposits
- **Weekend Snack Pack Program:** provides healthy, kid-friendly, and easy-to-prepare snack foods to children at risk of hunger
- **Community Garden Program:** provides fresh vegetables with each emergency food package
- **Smile Pack Program:** a free package of dental products to encourage proper dental care for young clients



Food Pantries in Bergen County

Bergenfield (07621)

Borough of Bergenfield
115 W Church Street
201-387-4055 ext. 4055

MOMS Food Pantry
7 West Main Street
201-800-4150

St. John the Evangelist
29 N Washington Avenue
201-456-9618

Bogota (07603)

St. Joseph Food Pantry
115 East Fort Lee Road
201-342-6300

Cliffside Park (07017)

El Faro Spanish Seventh-Day
Adventist Church
220 Walker Street
551-358-3220

Epiphany Church Community
Food Pantry
247 Knox Avenue
201-943-7320

Closter (07624)

Food & Assistance Board
295 Closter Dock Road
201-784-0600 Ext. 429

Dumont (07628)

Dumont Food Pantry -
DCCares
39 Dumont Avenue
201-387-5062

St. Mary's Church
280 Washington Avenue
201-384-0557

The Food Brigade
163 New York Ave
201-614-4414

East Rutherford (07073)

Meadowlands YMCA
390 Murray Hill Parkway
201-955-5300 X 255

Edgewater (07020)

Church of the Holy Rosary
26 Edgewater Place
201-945-6329

Elmwood Park (07407)

RAP / The People's Pantry
236 Falmouth Ave
201-359-4444

Englewood (07631)

Center for Food Action
192 W Demarest Avenue
201-569-1804

Englewood Parks and Rec
130 West Englewood Ave
201-568-3472

First Baptist Church
of Englewood
351 W Englewood Ave.
201-568-3410

Metro Community Church
291 S Van Brunt Street, Unit 4,
201-408-0121

The Office of Concern
at St. Cecilia's
55 West Demarest Avenue
201-568-1465

Fair Lawn (07410)

Fair Lawn Food Pantry
8-01 Fair Lawn Avenue
201-794-5327

The Church of Saint Anne
15-05 St Anne Street
201-791-1616 ext. 217

Van Riper Ellis Broadway
Baptist Church
7-01 River Road
201-791-8844

Fairview (07022)

Franciscan Community
Development Center of
Fairview 239 Anderson
Avenue
201-941-1000

Garfield (07026)

Calvary Baptist Church
217-245 Passaic Street
973-773-2444

Glen Rock (07452)

Gurudwara Sri Guru Singh
Sabha
541 Prospect Street
201-251-4300

Father's Cupboard Food
Pantry at Grace Redeemer
Church
21 Harristown Road
201-704-2676

St Catharines Food Pantry
905 Maple Avenue
201-661-3651

Hackensack (07601)

All Access CDC
351 First Street

Buddies of New Jersey
149 Hudson Street
201-489-2900 x111

Center for Food Action
316 First Street
201-883-9375

Harvest to Hope
Emmanuel Christian
Fellowship
34 Van Wattering Place
201-487-8220

Mount Olive Baptist Church
260 Central Avenue
201-489-6888

Saint Vincent de Paul
Pantry: Holy Trinity Church
17 Clinton Avenue
201-343-5170

Varick Memorial
A.M.E. Zion Church
120 Atlantic Street
201-674-7024

Hasbrouck Heights (07604)

Hasbrouck Heights Food
Pantry
320 Boulevard
201-288-4143

Food Pantries in Bergen County

Hillsdale (07642)

Helping Hand Food Pantry
349 Hillsdale Avenue
201-664-0600

Little Ferry (07643)

Evangel Christian Church
165 Main Street
973-985-1860

Meadowlands Family
Success Center
100 Washington Avenue
201-464-4714 ext. 101

Lodi (07644)

Saint Francis de Sales
125 Union Street
973-779-4330

Lyndhurst (07071)

Lyndhurst Food Pantry 253
Stuyvesant Avenue
201-804-2500

Mahwah (07430)

Center for Food Action
90 Ridge Road
201-529-2029

New Milford (07646)

Church of the Ascension
Food Pantry
256 Azalea Drive
201-836-8961

North Arlington (07031)

Queen of Peace Church
10 Franklin Place
201-997-0700

Norwood (07648)

Norwood Food Pantry
66 Summit Street
201-768-0634

Oakland (07436)

Ponds Reformed Church
341 Ramapo Valley Road
201-337-6744

Old Tappan (07675)

Old Tappan Food Pantry
227 Old Tappan Road
201-664-1849

Palisades Park (07650)

Our Community Dinner Table
257 2nd Street
201-637-0543

St. Michael Church
19 E Central Blvd
973-634-5409

Paramus (07652)

Paramus Community Pantry
105N Farview Avenue
201-265-2100 ext. 6102

Park Ridge (07656)

Tri Boro Food Pantry
65 Pascack Road
201-573-9083

Ridgefield (07657)

St. Matthews Church
555 Prospect Ave
201-945-3500

Ridgefield Park (07660)

St. Francis of Assisi Parish
125 Park Street
201-641-6464

Ridgewood (07450)

Ridgewood YMCA
112 Oak Street
201-444-5600

Social Service Association of
Ridgewood
6 Station Plaza
201-444-2980

River Edge (07661)

St. Peter's Food Pantry
445 Fifth Avenue
201-261-3366

Rutherford (07070)

Rutherford Community Food
Pantry
176 Park Ave
201-460-3000 x 3168

Saddle Brook (07663)

Center for Food Action
224 Midland Avenue
201-703-9857

South Hackensack (07606)

Open Door Community Center;
North Jersey Vineyard Church
310 Phillips Ave
201-785-7270

Teaneck (07666)

Christ Episcopal Church
Teaneck 480 Warwick
Avenue
917-710-2115

Disabled Combat Veterans
Youth Program
78 Church Street
833-888-8129

Helping Hands Food
Pantry The Janice Preschel
Project
1400 Palisades Avenue
201-357-2545

Jewish Family and
Children's Services of
Northern NJ
1485 Teaneck Road
201-837-9090

Westwood (07675)

Annie Clyde Holt Food
Pantry
100 Palisade Avenue
201-956-5614

Church of St. Andrew
120 Washington Ave.
201-666-1100

CONNEX4NPO
52 Main Street
201-497-2100

Mt. Zion Baptist Church
22 A Sand Road
201-722-8615

Parkside Community
Church
545 Fourth Ave
201-666-8999

Wood-Ridge (07075)

Assumption Church
143 1st Street
201-939-3803

Wyckoff (07481)

Families for Families
250 Braen Ave
201-675-8364

NJ Supplemental Nutrition Assistance Program (SNAP)



<https://www.mynjhelps.gov/home>

<https://bcbss.com/snap-food-stamps/>

NJ SNAP, formerly Food Stamps, issues electronic benefits that can be used like cash to purchase food. SNAP helps low-income working people, senior citizens, the disabled, and others feed their families.

To Apply

- **Online Application:**

<https://www.mynjhelps.gov/instruction/apply>

- **In-Person Application:** visit the Bergen County Board of Social Services at 218 Route 17 N, Rochelle Park 07662 between 8:00 am to 4:30 pm, Monday-Friday

- **Mail-in Application:** download and print the PDF application and mail it to:

- Bergen County Board of Social Services
- 218 Route 17 N, Rochelle Park 07662

- PDF: <https://tinyurl.com/NJSNAPPDF>

Eligibility

- For more information about eligibility, visit <https://www.nj.gov/humanservices/njsnap/apply/eligibility/>



Special Supplemental Nutrition Program for Women, Infants, and Children (WIC)



973-754-4575

<https://www.nj.gov/health/fhs/wic/participants/apply-wic/>

WIC provides federal grants for supplemental foods, health care referrals, and nutrition education for low-income pregnant, breastfeeding, and non-breastfeeding postpartum women, as well as infants and children up to age five who are found to be at nutritional risk.

Eligibility

- **Eligible to:** Pregnant women, women who have delivered a child (within the last 6 months), breastfeeding women who have delivered a child within the last year, and infants and children under 5 years old, who are found to be at nutritional risk.
- **Automatic Income Eligibility:** income-eligibility is based on participation in certain programs; includes individuals eligible to receive SNAP benefits, Medicaid, or Temporary Assistance for Needy Families (TANF).
- **Nutritional Risk Requirement:** Applicants must be seen by a health professional to determine whether the individual is at nutritional risk. This is often done in a WIC clinic at no cost.
- **Contact: 973-754-4575 or visit:**
<https://www.nj.gov/health/fhs/wic/participants/apply-wic/>
for more information on local agencies and eligibility



Bergen County Board of Social Services



218 Route 17 North, Rochelle Park, NJ 07662

Contact: 201-386-4200 • customerservice@bcbss.com

www.bcbss.com

The Bergen County Board of Social Services provides numerous services and programs to help individuals and families meet their basic needs.

Programs and Services

BCBSS provides assistance with the following programs and services:

- Adult Protective Services
- Child Support
- Developmental Disabilities
- Emergency Assistance
- Early Screening & Treatment
- SNAP - Food Stamps
- General Assistance
- Homeless Hotline
- Homemaker Program
- Medicaid- Aged/Blind/Disabled
- Medicaid-FamilyCare
- Medicaid-Institutional
- Motel Placement
- Rooming & Boarding
- Temporary Family Assistance
- Transportation Assistance





Bergen County Division of Community Transportation

Contact: Anthony Suarez, Director • asuarez@co.bergen.nj.us

201-368-5955

<https://www.co.bergen.nj.us/public-works-community-transportation>

The Division of Community Transportation provides a safe, trouble-free, scheduled transportation system for persons with disabilities, seniors, and frail residents of Bergen County.

Services

- Routine Medical Visits
- Meals on Wheels
- Community outreach/activity centers
- Driving people to their places of employment
- Recreational activities
- Shopping
- Education
- Post-stroke support groups
- Physical therapy



Greater Bergen Community Action



392 Main Street, Hackensack, NJ 07601

Contact: 201-968-0200 · info@greaterbergen.org

www.greaterbergen.org

Greater Bergen Community Action provides programs to the poor, homeless, underbanked, those in recovery from addictions, infants, preschoolers, at-risk youth, senior citizens, the unemployed and underemployed, the foreign-born, and other disenfranchised groups in order to build more sustainable families, community institutions, and neighborhoods.

Programs and Services

- **Early Head Start:** readies children for kindergarten and prepares the entire family for life beyond the program through early childhood education, health and nutrition programs, parent education, family counseling, financial counseling, and more.
- **Education and Training Programs:** Citizenship Prep, English as a Second Language, Out of School Youth High School Equivalency Program
- **Home Lead-Safety & Energy:** Energy Bill Assistance, Weatherization Assistance, Home-Safe Lead Remediation
- **Housing Services:** HUD Housing Counseling, Landlord-Tenant Guidance, Community Housing in Partnership (CHIP), Youth Transitional Housing, Rental Assistance, and more
- **SAFER Construction:** provides construction services to non-profit organizations and the general public.
- **1st Bergen Federal Credit Union**
- **COVID19 Vaccine Equity:** vaccination assistance and resources



MyNJHelps.Gov is a website for NJ residents to apply for a variety of programs. These programs include SNAP, TANF, GA, NJ Familycare, Medicaid, and more.

Programs and Services

- **Pre-Screening:** to determine what programs you and your family may be eligible for, take the short pre-screening assessment:

<https://www.njhelps.org/NJHelpsHomePage>

- **Applications for SNAP, TANF, GA, NJ Familycare/Medicaid**

- Follow the instructions listed here:

<https://www.mynjhelps.gov/instruction/apply>

- Redirects clients to other social services provided by the state including unemployment, child care, child support, aging services, housing assistance, and career services



New Jersey 211

Contact: 2-1-1 or 1-877-652-1148 • info@nj211.org
www.nj211.org



New Jersey 211 is a place to turn when one needs to find state or local health and human resources.

Programs and Services

- **Contact 2-1-1:** when you need help finding resources for Basic Human Needs, such as food banks, clothing closets, shelters, rental assistance, and utility assistance.
- **Support for Seniors and Persons with Disabilities:** adult day care, congregate meals, Meals on Wheels, respite care, etc.
- **Support Resources:** Children, Youth and Family services such as childcare, after school programs, Kids Care (health insurance programs), family resource centers, etc.
- **Physical and Mental Health Resources:** health insurance programs, maternal health, medical information lines, crisis intervention services, support groups, and more.
- **Employment Support**
- **Financial assistance,**
- **Job training**
- **Transportation assistance**
- **Education programs.**

Eligibility

- Available to anyone, anywhere in the state of New Jersey.
- Dial 2-1-1 or text your zip-code to 898-211
- Chat online by clicking the “Chat Now” icon on the website.



Bergen County Division of Mental Health and Addiction Services



One Bergen County Plaza, 4th Floor, Hackensack, NJ 07601

Contact: Shelby Klein, Director · 201-634-2745

healthdept@co.bergen.nj.us

24/7 Crisis Hotline 201-262-4357

Health & Safety Hotline 201-225-7000

<https://www.co.bergen.nj.us/mental-health-services/about-mental-health-services>

The Bergen County Division of Mental Health and Addiction Services assures that Bergen County residents, of all ages, who need treatment for a mental illness have access to care, regardless of their ability to pay.

Programs and Services

- **Mental Health Services**
 - **24/7 Crisis Counselors through the Crisis Hotline: 201-262-4357**
 - Planning and oversight
 - System Coordination
 - Public Education: provides links to resources to increase community awareness of mental illness and suicide prevention
 - Information, Referral, and Advocacy
 - Liaison between State, Regional, and Local Planning Bodies
- **Addiction Services**
 - Assessments
 - Outpatient and Detoxification Services
 - Short-Term Residential Treatment and Halfway House Services
 - Funding and Technical Assistance for Municipal Alliances: organizations can reach out to receive assistance to further help their clients



Bergen Volunteer Medical Initiative



75 Essex Street, Suite 100, Hackensack, NJ 07601

Contact: 201-342-2478 · info@bvmi.net

www.bvmi.org

The Bergen Volunteer Medical Initiative provides free primary and preventive medical care to low-income working people in Bergen County without insurance or the means to pay for care.

Programs and Services

- **Primary Care:** provides primary and preventative care to adults, without insurance
- **The Diabetes Care and Education Program:** helps contain the spread of diabetes by controlling it in patients and reducing the incidence of diabetes among those at risk
- **The Women's Health Initiative:** provides specialized healthcare for women and insures access to high-quality, compassionate women's healthcare services
- **Chronic Disease Management:** helps patients with the management of chronic conditions
- **Sick visits for patients only**
- **Immunizations**
- **Nutrition Coaching**
- **Counseling**

Eligibility

- Available to adults 18+ living in Bergen County
- Someone in the household must be working
- Earning up to 250% of the Federal Poverty Level
- No health insurance



CarePlus New Jersey



Main Headquarters: 610 Valley Health Plaza, Paramus, NJ 07652

Contact: 201-265-8200

www.careplusnj.org

Children up to 21 Immediate Crisis Line- 877-652-7623

CarePlus New Jersey provides comprehensive, recovery-focused integrated primary care, mental health care, and substance abuse rehabilitation services.

Programs and Services

- **Adult and Adolescent Recovery Programs**
- **Care Coordination:** a person-centered approach to treatment
- **Employee Assistance Program:** addresses mental health and wellness issues that have the potential to negatively affect employees
- **Outpatient Services:** provides a variety of services for children and adults including therapy, behavioral concerns, early intervention, psychotherapy, etc.
- **Primary Care Services:** full-service primary office for adults enrolled in other CarePlus Services
- **Social Support Services:** housing & employment support programs, independent living skills, benefit & financial management/assistance, medication management, physical healthcare linkages, transportation assistance, and more
- **Family Support Services**
- **Group Therapy & Support Groups**

Eligibility

- Request an appointment at:
<https://careplusnj.org/request-appointment/>





North Hudson Community Action

Contact 201-210-0200 for appointments
Multiple locations throughout Bergen County
<https://nhcac.org/>

North Hudson Community Action's goal is to improve the quality of life and eliminate factors leading to poverty for northern New Jersey residents by providing comprehensive health and social services with compassion through collaborations and partnerships in a culturally sensitive environment.

Programs and Services

- **Primary Care Medical Home:** a team of health professionals works together to provide all of your health care needs
- **Head Start and Early Head Start Childhood Education:** comprehensive child development programs serving children from birth to age five and their families at no cost to eligible families
- **Discount Prescription Drug Program:** helps uninsured individuals by providing reduced cost on prescription medications
- **Social Services:** Emergency Assistance Department, Emergency Food or Motel Assistance, Rental Assistance Services, Rapid Re-Housing, and Residential Maintenance
- **NJ Get Covered:** online platform to help individuals choose insurance plans and receive financial assistance for certain plans



Bergen County Housing Authority



One Bergen County Plaza, 2nd Floor, Hackensack, NJ 07601

Contact: 201-336-7600 · info@habcnj.org

www.habcnj.org

The Bergen County Housing Authority provides housing opportunities for low-income families and other adults.

Programs and Services

- **The Housing Choice Voucher:** rental assistance subsidy program that reduces rental costs to eligible low-income households.
- **Homeless Prevention & Rapid Rehousing:** arrears in rental payments, security deposits, short term rental assistance
- **Housing Opportunities for Persons with Aids [HOPWA]:** provides grants to local communities, states, and nonprofit organizations for projects that benefit low-income persons living with HIV/AIDS and their families.
- **Continuum of Care [CoC] Program:** provides funding for efforts by nonprofit providers, state and local governments to quickly rehouse homeless individuals and families.

Eligibility

- Applications are only accepted when the waiting list is open.



Bergen County's United Way



6 Forest Avenue, suite 220, Paramus, NJ 07652
Contact: 201-291-4050 · info@bergenunitedway.org
<https://bergenunitedway.org>

Bergen County's United Way builds homes that empower individuals and families to live independently and thrive in the community of their choice.

Programs and Services

- **Affordable Homes:** homes built for working families, veterans, older adults, and individuals with developmental disabilities
- **The Compassion Fund:** direct financial assistance for community members experiencing eviction, utility shut-off or other housing emergencies, and those affected by natural disasters.

Eligibility

- To determine eligibility, dial 2-1-1 and speak with a Community Resource Specialist



Emergency Rental Assistance Program (ERAP)



855-203-6952

<https://apply.recovernj.org/en-US/>

The Bergen County Emergency Rental Assistance Program assists renters and landlords directly impacted by the COVID-19 pandemic by providing financial relief.

Programs and Services

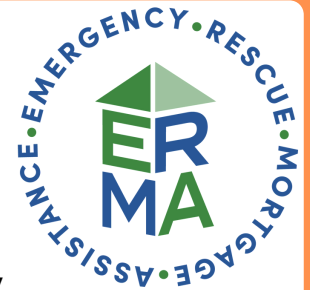
- Provides up to 12 months of arrears, plus an additional three months of prospective or arrears, for rent and/or utilities assistance
- To apply, visit: <https://apply.recovernj.org/en-US/>

Eligibility

- **Must be a resident of Bergen County:** immigration status does not matter
- 2020 Household Income at or below 80% of the Area Median Income in Bergen County
- Be currently responsible for paying rent at your primary residence
- Be currently responsible for paying utilities for your primary residence (unless utilities are included in your rent)
- Be currently at least one month behind on your rent and/or utilities



Emergency Rescue Mortgage Assistance (ERMA)



ERMA Team: 855-647-7700 · HAFServicing@njhmfa.gov
<https://njerma.com/>

The New Jersey Emergency Rescue Mortgage Assistance (ERMA) Program assists New Jersey homeowners unable to pay their mortgages or other eligible housing expenses due to a COVID-19 related hardship.

Programs and Services

- **Financial Assistance:** applicants may receive up to \$75,000
- **Mortgage Reinstatement Program:** provides funds to eliminate or reduce past due payments
- **Mortgage Payment Assistance Program:** provides funds to pay mortgage arrearages and an approved amount of forward monthly mortgage payments
- **Property Charge Default Resolution Program:** provides funds to resolve certain property charge defaults
- **Home Counseling Program:** shares information regarding assistance programs, eligibility for federal, state, and local programs, and assistance with the ERMA application process.

Eligibility

- To determine eligibility, complete the prescreening questionnaire at:
<https://njerma.com/prescreening>



Foreclosure Mediation Assistance Program (FMAP)



<https://nj.gov/dca/hmfa/consumers/foreclosure/>

The Foreclosure Mediation Assistance Program provides counseling to those at risk of foreclosure or homeowners currently served a Foreclosure complaint.

Programs and Services

- **Pre-Foreclosure Assistance:** assists individuals struggling to meet their monthly mortgage payments
- **Foreclosure Complaint and Summons:** assists those currently under foreclosure
- **Network of Counseling Agencies:** several locations throughout Bergen County
- **Remote Counseling**

Eligibility

- The homeowner must be an owner-occupant of a single-family property with a mortgage in default or in danger of default

Bergen County Locations

Consumer Credit & Budget Counseling

609-390-9652
888-738-8233

NJ Citizen Action

800-656-9637
973-643-8800

Housing Partnership

973-659-1414

Puerto Rican Association for Human Development

732-638-2854

Tri-City Peoples Corporation

973-676-5506



Bergen County Job Center



Bergen County
JOB
CENTER

NJ One-Stop Career Center System Partners

60 State Street, Hackensack, NJ 07601

(201) 329-9600

<https://bergenjobcenter.com/>

The Bergen County Job Center provides the resources and guidance individuals need to be successful in their employment goals.

Programs and Services

- **Employment Services:**

- Skills and Interest Assessments
- Occupational Counseling and Exploration
- Employment Plan Development
- Labor Market and Employer Information,
- Resume, Interviewing, Job Search Assistance
- Referrals to Supportive Services
- Job Leads and Hiring Events

- **Training Services:**

- Work Readiness Workshops
- Basic Skills Enhancement
- High School Equivalency
- Classroom & Online Courses
- On-the-Job Training
- Apprenticeships
- Internships



Bergen County Community Mental Health Law Project



One Bergen County Plaza, 4th Floor, Hackensack, NJ 07601

Contact: 201-634-2762

<https://www.co.bergen.nj.us/mental-health-law-project>

The Community Mental Health Law Project provides civil legal services for low-income people with mental illness.

Programs and Services

- **Supplemental Security Income (SSI) and/or Social Security Disability Insurance (SSDI):** Assists with the application, reconsideration, appeal, and reinstatement of benefits
- **Family Law:** represents clients with divorce, child support/custody, and visitation issues cases
- **Advance Directives:** proxy directive and instruction directive
- **Notary Services:** free notarizations to eligible clients

Eligibility

- Available to individuals aged 18 years or older that are diagnosed with a mental illness, engaged in treatment, and are living in Bergen County



Northeast New Jersey Legal Services: Bergen County Division



190 Moore Street, Suite 100, Hackensack NJ 07601

Contact: 201-487-2166 · nnjls@lsnj.org

<https://www.lsnj.org/nnjls/>

Northeast New Jersey Legal Services's (NJLS) mission is to ensure that access to the civil justice system is not denied to any resident simply because they cannot afford a private attorney.

Programs and Services

- **Legal Representation**
- **Community Legal Education:** education on issues of concern to the low-income residents of Bergen, Hudson, and Passaic County
- **Experienced Staff Attorneys:** experienced in housing, family, public benefits, and consumer law
- **Special Programs:** survivors of domestic violence, senior citizens, veterans, persons living with HIV/AIDS, the homeless, immigrants, and low-income persons with federal tax issues

Eligibility

- Assists with civil (non-criminal) legal problems
- Reside in Bergen, Hudson, or Passaic County
- Income and assets fall within eligibility guidelines
- **Does not assist with:** criminal matters, auto accidents, personal injury, traffic tickets, business matters, and workers' compensation cases





Bergen County Division of Senior Services

One Bergen County Plaza, 2nd Floor, Hackensack, NJ 07601

Contact: Lorraine Joewono, Director · 201-366-7400

seniors@co.bergen.nj.us

<https://www.co.bergen.nj.us/division-of-senior-services>

The Division of Senior Services is the primary planning, coordinating, and funding agency for senior programs and services, promoting the well-being, health, and independence of Bergen County's more than 210,000 older adults.

Programs and Services

- **Information & Assistance Senior HelpLine 201-336-7400**
- **Senior Activity Centers**
- **State Health Insurance Assistance Program (SHIP)**
Medicare Counseling: for more information call (201) 336-7413.
- **HealthEASE:** an expansion of the ADRC system designed to improve and sustain the health and wellness of adults ages 60+. For more information call 201-336-7403
- **Reverse Mortgage Counseling Home Equity Conversion Mortgage (HECM):** certified counselors advise seniors aged 62 and over on ways to access their home equity so they can remain at home and age in place. For more information call 201-336-7569.
- **Affordable and Subsidized Housing Information:** maintains and distributes information on senior housing open wait lists, and provides guidance to seniors on navigating the affordable housing landscape





Bergen County Senior Nutrition Program

One Bergen County Plaza, 2nd Floor, Hackensack, NJ 07601

Contact: Nancy Turnier, Program Coordinator • 201-336-7420

<https://www.co.bergen.nj.us/division-of-senior-services/meals-on-wheels>

Bergen County Senior Nutrition Program provides well-balanced meals, social interaction, and access to other services available in Bergen County.

Meals on Wheels

- **Delivers nutritious meals directly to the homes of individuals who are unable to prepare their own meals and/or cannot shop for food**
- **Eligibility:**
 - Age 60 years or older, or the spouse and caregiver of an eligible individual
 - Unable to leave your home without the assistance of another person
 - Live in Bergen County
- **To Apply:**
 - Complete an online application: <https://tinyurl.com/BCMOWAPPLY>
Or download the application and email it to: seniors@co.bergen.nj.us or mail it to Bergen County Division of Senior Services One Bergen County Plaza • 2nd Floor • Hackensack, NJ 07601
 - Application: <https://tinyurl.com/BCApplicationDownload>

Bergen County Senior Lunch

- Free Monday-Friday lunch program available at various locations throughout Bergen County
- Available for anyone that is age 60 or older, or the spouse of a participant regardless of residency in the county



Bergen County Senior Lunch Locations



Bergenfield

Bergenfield Senior
Activity Center
293 Murray Hill
Terrace
201-387-7212

Cliffside Park

Senior Activity
Center
Gerald A.
Calabrese
Complex
500 Gorge Road
201-943-3768

East Rutherford

Southwest Senior
Activity Center
147 Hackensack St.
201-935-8920

Elmwood Park

Senior Activity
Center
500 Boulevard
201-796-3342

Englewood

Bergen Family &
Social Service
Federation
44 Armory Street
201-568-0817

Fair Lawn

Fair Lawn Senior
Center
11-05 Gardiner Rd
201-796-1191

Fort Lee

Richard & Catherine
Nest Adult Activity
Center
319 Main Street
201-592-3500 x 130

Garfield

Senior Activity
Center 480 Midland
Avenue
973-478-0502

Garfield

Garfield Nutrition
Golden Towers
225 Midland Avenue
973-340-4179

Garfield

Garfield Nutrition
Belmont Gardens
377 Midland Avenue
973-340-4177

Hackensack

Americas
Unidas
Multicultural
Senior Activity
Center
101 Hudson St
201-336-3320

Hackensack

MLK, Jr. Center
375 First St.
201-342-2654

Lyndhurst

Lyndhurst
Senior Activity
Center
281 Stuyvesant
Ave
201-896-1622

Midland Park

Northwest
Senior Activity
Center
46-50 Center St

North

Arlington

North Arlington
Senior Activity
Center
11 York Road
201-998-5636

Palisades Park

Palisades Park
Senior Activity
Center
300 Highlands
Ave
201-944-5616



Bergen County Senior Lunch Locations

Ridgefield Park

Ridgefield Park
Senior Activity Center 159 Park
Street
201-641-1220

River Edge

Jewish Community Center of
Northern NJ (Kosher)
385 Howland Ave
201-666-6610 x 2

Teaneck

AWCA Asian Women's
Christian Association
9 Genesee Ave
201-862-1665

Teaneck

Richard Rodda Community
Center
250 Colonial Court
201-837-7130

Tenafly

Korean Community Center
100 Grove St
201- 541-1200 x. 111 or 112

Tenafly

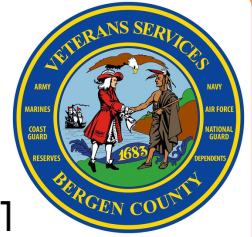
JCC on the Palisades
(Kosher)
411 East Clinton Ave
201-408-1450

Wallington

Senior Activity Center
24 Union Boulevard
973-777-5815



Division of Veterans Services



One Bergen County Plaza, 2nd Floor, Hackensack, NJ 07601

Contact: Shaun Hutchinson, Director · 201-366-6325

veterans@co.bergen.nj.us

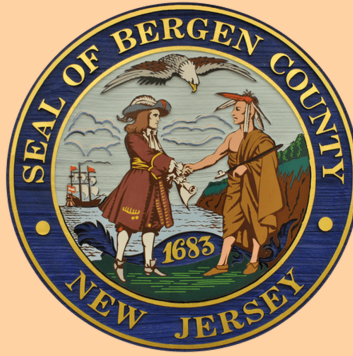
<https://www.co.bergen.nj.us/division-of-veterans-services>

The Division of Veterans Services provides resident veterans and their dependents with information and assistance in obtaining earned entitlements from federal, state, and local governments.

Programs and Services

- **Hire a Vet Program:** the division has a list of available employment opportunities for veterans
- **Transportation to Veterans Affairs Medical Centers:** available Monday-Friday, contact 201-368-5955 for more information
- **VA Affairs Entitlement:** assists veterans with VA claims as well as pensions
- **Alfred J. Thomas Home for Veterans:** transitional housing and provides support services for veterans
- **Tracers:** locates current and at-risk homeless veterans and connects them with community-based and VA-sponsored programs and benefits in order to find them shelters, jobs, and other needed services.
- **The Veterans' Discount Card:** many businesses and organizations in Bergen County offer discounts to veterans with this card. Issued to veterans who present a copy of their military service records to the County Clerk's Office
- **The Bergen County Military Service Medal**





COUNTY OF BERGEN
One Bergen County Plaza
Hackensack, NJ 07601-7076

JAMES J. TEDESCO, III
County Executive

Thomas J. Sullivan
Chairman

Germaine M. Ortiz
Vice Chairwoman

Dr. Joan M. Voss
Chair Pro Tempore

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